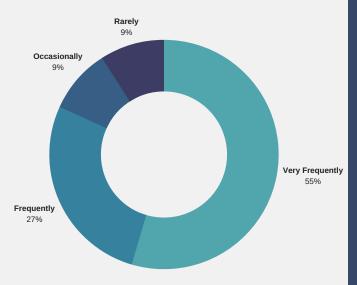
# Rethink That Fifth Drink

The Center for Disease
Control and Prevention
defines binge drinking as
more than 5 drinks in a 2
hour time frame.

## "Idrinkmore than 4drinks at a time"

Students who said they belonged to an academic organization on Purdue's campus were asked if they drink more than 4 drinks in a row in a single night. The graph above portrays the results.



### Alcohol Use

#### **GPA**

A Penn State research study asked 15,000 college students to report how many times they had 5 or more drinks in a row during a 2 week time frame. Results to the right:

Binge Drinking / Occurrences	Average GPA
0	3.19
1	3.11
2	3.06
3-5	3.04
6-9	2.98
10+	2.95



# Alcohol's Effects on the Brain

#### Short term

- Blurred vision
- Slurred speech
- Slow reaction time
- Impaired memory

#### Long term

- Diminished brain size
- inability to think abstractly
- Decreased attention span
- Memory loss
- Decreased visual and spacial awareness
- Depression

Alcohol abuse affects more than just your GPA.

#### **Risk of Injury**



The higher your blood alcohol content is, the higher your risk for injury is. Close to 600,000 students unintentionally injure themselves each year due to heavy alcohol use. These injuries can range from cuts and bruises to borken bones and concussions.

#### **Criminal Activities**

When you are under the influence, your judgment is impaired. This can lead to committing crimes you would not normally. These crimes can range from vandalism, propoerty damage, and drunk driving to battery, sexual assault, or even homicide.

#### **Health Problems**

Some health effects can take years to develop. Nearly 150,000 college students develop an alcohol related health issue each year. These issues can include high blood pressure, liver damage, and various types of cancers.

# Scholarships at Stake

academic scholarship to the academic scholarships are underage drinking, can put